



Jealousy is....

- Jealousy is a negative mental attitude.
- Jealousy is total occupation with self.
- Jealousy is idolatry, the worship of self.
- Jealousy is an emotional state of anxiety.
- Jealousy motivates sins (Gen. 4:4-5).
- Jealousy is very dangerous and self damaging.
- Jealousy is discontentment.
- Jealousy is resentment of attractiveness and approbation.
- Jealousy is resentment motivated by arrogance.
- Jealousy is total selfishness.
- Jealousy is incapable of real (agape) love
- Jealousy is possessiveness that suppresses the volition of others.
- Jealousy is controlling others.
- Jealousy is fear of losing the person you love.
- Jealousy hinders others from loving willfully.
- Jealousy is very demanding on the lover.
- Jealousy is incapable of rational thinking or reason.
- Jealousy is always suspicious.
- Jealousy is more self-love than love Jealousy is cruel as the grave.
- Jealousy is a waste of time.
- Jealousy is inordinate competition in love affair.
- Jealousy is destructive mental attitude.
- Jealousy creates disorder or instability in the mind.
- Jealousy produces mental and physical sickness.
- Jealousy kills the foolish.
- Jealousy is tyranny which intrudes privacy of others.
- Jealousy destroys legitimate personal love toward the lover.
- Jealousy produces false motivation.
- Jealousy is a destructive feeling that manifests anger.
- Jealousy rejoices in the miseries of others.
- Jealousy is the great exaggerator of things.
- Jealousy and love are sisters.
- Jealousy is clearly nothing but insecurity and fear.
- Jealousy shows that you do not have value.
- Jealousy is the dragon in paradise
- Jealousy injures us with the dagger of self-doubt.
- Jealousy is a crutch incapable of walking by its own.
- Jealousy is incapable of loving ones self.
- Jealousy is the suspicion that you are not loved.

- Jealousy lives upon a doubt that becomes madness.
- Jealousy is the lack of personal and emotional security.
- Jealousy is very thin because it bites but never eats.
- Jealousy is preventable and should be prevented.
- Jealousy and envy is the lack of information.
- Jealousy is the dragon that kills love under the pretense of loving.
- Jealousy searches for evidence of lies to prove what is true.
- It is the bitterness associated with the sweetest.
- It is not love that is blind, but jealousy.
- It is always thinking that it's just a mistake or luck.
- The only alternative for jealousy is self-value.
- Women are more vulnerable to become jealous of others.
- Both partners have the tendency to become jealous.
- The jealous person is blind to reality of facts.
- Only God can change a jealous person.
- Most people experience some form of jealousy in a relationship.

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Some important points:

Jealousy eventually can be very destructive to a relationship so it's important to prevent it from heading out of control, especially since you both have a tendency to become jealous.

It can range from destructive rage to an uncomfortable feeling that can stifle the development of a relationship and the pleasure you feel when you're together.

The different types of jealousy you and your partner feel are not uncommon. The concern is more about how much jealousy plays a role in how you relate.

Does this mean your relationship is doomed?, of course not. But it does mean you need to be aware of motivations for your behavior and how jealousy may present itself between you in your relationship, if you want to change it.

Men and women usually feel jealous in different ways:

- Women are more likely to acknowledge jealous feelings and men are more likely to deny them.
- Women are more likely to become upset over the emotional involvement of her partner with another, whereas men are more likely to focus in on the sexual aspect(s) of the relationship or any sexual tension and attention his partner has with another (or is perceived to have).
- Women also more often blame themselves when a conflict over jealousy arises, while men typically put their jealous feelings on to a third party or their partner's behavior.

- Women have been shown to be more inclined to deliberately provoke jealousy than men. This is often in a reverse attempt to bolster feelings of self-worth by gaining attention (good or otherwise) directed squarely at them from their partner.
- Plain women are always jealous of their husbands. Beautiful women never are. They are always so occupied with being jealous of other women's husbands
- Jealousy certainly creates attention in a relationship but often of the wrong, unhealthy, kind.
- A little bit of jealousy can be managed in a healthy relationship, but if you and your partner are both the jealous type, be aware of how big a role it plays in your relationship and make sure you base your connection on a solid stable core and not one easily eroded by the green-eyed monster.
- It certainly is possible to overcome jealousy in a relationship, but you both have to be dedicated and open about how it manifests in your relationship.
- Jealousy in romance is like salt in food. A little can enhance the savor, but too much can spoil the pleasure and, under certain circumstances, can be life-threatening.

Never love and get into a relationship unless you can bear all the faults of the one you love specially being irrationally jealous for some reasons or even becoming jealous for no reason at all.