



## Why Trust God When You Can Worry

### Some common causes of worry

- Historical events causes worry (crimes, disaster, natural calamity, etc.)
- People can cause worry (relatives, friends, enemies, etc.)
- Economic situation cause worry
- Sin causes worry
- Details of life
- The uncertain future

It must be noted that there is a great difference between worry and concern. A worried person sees a problem while a concerned person solves a problem.

### The seven common mistakes of people are worrying about:

- Things that already happened but cannot be changed or corrected.
- Things that are possible to happen but has not happen yet.
- Things that is impossible to happen.
- Things that man has no power to prevent from happening.
- Things that God allowed or decreed to happen.
- Things that God decreed to happen (due to man's negative volition).
- Things that you can go without with (non-essential things).

### The most common reactions to life's adversaries:

- Shock in unbelief
- Doubt God's grace and mercy
- Anger or antagonism
- Fear and worry
- Shame with guilt
- Blame and accusation
- Denial and diversion
- Defense mechanism

## 50 Reasons why worrying is unreasonable:

- God has provided common grace blessings for all who were selected to become physically alive.
- God has provided logistical grace blessings for all who were elected to become spiritually alive (Luke 12:2-5, Matthew 6:25-33).
- God has created everything in the creation for the benefit of man (Psalm104:10-).
- God cannot deny or neglect those who put their trust in Him (Matthew 6:33).
- Worrying is a distraction to spiritual growth or advancement (Matthew 6:34).
- Worrying is mental attitude sin (that may results to divine discipline).
- Worrying is an insult to God's essence. Worrying is blasphemy.
- Worrying distract and distort the believer's capacity to fulfill his personal sense of destiny.
- Worrying cannot help in solving any problem but amplify it.
- Worrying is harmful to the body, mind and soul.

- Worrying results to unhappy life.
- Worrying produces self-made miseries.
- Worrying manifests unbelief and negative volition.
- Worrying is contagious affecting others of the same unbelief (Psalm 78:5-7).
- Worrying distracts the believer's focus on the spiritual objective.
- Worrying is preparation for becoming loser believer.
- Worrying robs the believer of blessing in time and eternity.
- Worrying disqualified the believer from becoming invincible hero.
- Worrying stops the power of God from operating in the believer's life.
- Worrying obstructs the believer from living one day at time.
- Worry is a self-induced mental attitude sin that torments the soul.
- Worry is in the soul which finds anything to be anxious about.
- Worry is a choice and stress is optional.
- Worry is a distressing and painful state of mind due to undue concern over something in life.
- Worry separates the believer from his inner resources of grace
- Worry cuts off the reception of divine logistics in the life of the believer.
- Worry is the way the supply line is cut, not by God, but by thinking the wrong things, being in the wrong place at the wrong time.
- Worry is being out of fellowship with God
- Worry removes the protection of the "wall of fire."
- Worry manifests failure to use the faith rest technique.
- Worry always envisions the most horrible which brings anxiety, anticipation of danger, misfortune, trouble, or insecurity.
- Worry is a state of restlessness and agitation that produces mental disturbance, uneasiness, anxiety, and a painful uncertainty.
- Worry is a destroyer of the soul resulting to mental illness.
- Worry in the mind causes shock to the body, Pro 12:
- Worry hinders Bible doctrine from the launching pad of the soul.
- Worry is a satanic device to lead the believer into reversionism
- Worry may end up to sin unto death.
- Worry is a great weapon in the hands of Satan.
- Worry prepares the soul for the forces of evil take over.
- Worry makes you vulnerable to the enemies attack.
- Worry characterizes reversionism, (Isaiah 57:11).
- Worry does not solve problems, (Mat 6:25 34).
- Worry offsets the logistical grace.
- Worry distracts the believer from doctrinal teaching, (Mat 13:22; Luke 8:14).
- Blessing from God includes freedom from worry, (Jeremiah 17:7-8).
- Worry causes hysteria, (Luke 10:41).
- Worry a little bit every day and in a lifetime the believer lose several years.
- Worrying is useless because God have all the solutions to human problems.
- Worrying is the shortcut for losing your escrows blessing in time and eternity.
- Worrying enhances your pains and self-made miseries.

Worrying is your man-made torture chamber where you afflict yourself with the worst kind of negative mental attitude of sins, and horrible preventable miseries.

By seeking the spiritual, God promises to provide our physical needs (Matthew 4:4, Hebrews 13:5-6). There is final and absolute in the world except what God provided in grace to man such as eternal life, spiritual assets, and metabolized doctrine in the soul. Change is natural

in an imperfect-temporal world, and the only to face life is by faith in God. There is nothing secured in the cosmic system because real security is found only inside the PPOG or God's power system. Every source of false security (like wealth, health, success, supportive family) can crash over your head. The unsecured person is worrying about things that have been taken care of by God

### 3 Categories of worry:

- Worrying about personal sins, (the guilt complex).
- Worrying about the problems of this life, and these run the gamut from security to retaliation situations, etc.
- Worrying about death and dying - about what is beyond the grave.

The field of worry is unlimited and affects both believers and unbelievers. Not only is the temptation to worry great, but the opportunity is always present. Remember that concern is legitimate. We can be concerned, but when it comes right down to anything in life, our contentment depends upon our attitude; the right attitude regarding anything is that it is God's.

Psalm 37:4-5 "Delight yourself in the Lord; And He will give you the desires of your heart." Delight yourself means to make love to the Lord, be occupied with the Lord, and He will give you the desires of your right lobe. "Commit your way to the Lord, Trust also in Him, and He will do it." Commit your way to the Lord; trust also in Him, He will do it, that's divine logistics in the principle of near grace.

Any concern too small to be turned into a prayer is too small to be made into a burden. This is why after the first part of Philippians 4:6 which say "Stop worrying about anything," the next part says "but in everything by prayer and supplication with thanksgiving let your requests be made known to God." This is why the perpetuation of the function of perception, metabolization and application of Bible doctrine becomes absolutely necessary to put muscle on your faith. This is the principle of Psalm 55:22 "Cast your burden upon the Lord, and He will sustain you; He will never allow the supergrace believer to be shaken." For the majority, worry is always related to money. Eccl. 5:10 "He who loves money will not be satisfied with money, nor he who loves abundance with its income. This too is vanity. "Solomon also said in Pro 11:24 "One man gives freely, yet gains even more; another withholds unduly, but comes to poverty.

"This is not an attack nor is there any attack throughout the Word of God on those who have money. The unholy trinity of materialism (worry, greed and fear) basically causes mental and spiritual anguish. 1 Timothy 6:9 "But those who want to get rich fall into temptation and a snare and many foolish and harmful desires which plunge men into ruin and destruction. "Pro 30:7-9, "Two things I asked of Thee, Keep deception and lies far from me, Give me neither poverty nor riches; Feed me with the food that is my portion, Lest I be full [rich] and deny Thee and say, "Who is the Lord?" When there is something wrong, you can fix it through the grace provisions of problem solving devices but only when you are worry freed. It is normal to have concern but it is abnormal to Church Age believer to sink in worry.

**Phil 4:6-7** Be careful<sup>3309</sup> for nothing;<sup>3367</sup> but<sup>235</sup> in<sup>1722</sup> every thing<sup>3956</sup> by prayer<sup>4335</sup> and<sup>2532</sup>msupplication<sup>1162</sup> with<sup>3326</sup> thanksgiving<sup>2169</sup> let your<sup>5216</sup> requests<sup>155</sup> be made known<sup>1107</sup> unto<sup>4314</sup> God.<sup>2316</sup>

In this stage of spiritual growth the believer must deal with something that he is not well familiar with. Although filled with more spiritual eagerness and love and having something

greater than all the pleasures of the earth, although each day his love increases and he is finding that all that once burdened him is now meaningless, there are still periods of dryness. But these times do not cause him to fall backward but rather to move forward in the spiritual life.

The believer must realize that living in the Protocol Plan of God (PPOG), when God gives times of rest, it's wise to build, 2 Chronicles 14:7. This time of rest, when you experience the intimacy and the nearness of the Lord, is simply another level of spiritual growth and is mentioned in our next verse, Phil 4:6 "Be anxious for nothing, but in everything by prayer and supplication with thanksgiving let your requests be made known to God."

The Greek word "merimnate" means to be anxious, unduly or overly concerned, to worry or be nervous or troubled. This verse tells us that we are to be that way over nothing. As we keep moving out into no man's land between supergrace and ultra supergrace, we cannot be worried or overly concerned about the things of this life.

We should translate this in current day English, "Stop worrying about anything" but the literal translation of the Greek says "have anxiety about nothing."

Members of the royal family of God, God thought of you from eternity past. You are in His mind and nothing that happens to you escape His perfect knowledge (omniscience), He got all the the solutions to your problems, all the answers to your questions, all you need in order not to worry.

**For further study on Worry, e-mail us!**