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*Self-Pity*

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THE DOCTRINE OF WEeping

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The human emotion is the appreciator of the soul. Emotion responds or reacts to whatever thoughts (divine or human viewpoint) are present in the soul. Normally the emotion is to be dominated by the mentality. Under abnormal conditions, the emotion rules the mentality causing mental illnesses.

The emotions of the soul are intended to respond to what is in the mentality of the soul (either Bible doctrine or demonic doctrine). The right lobe possesses a frame of reference designed for thought, the memory center, vocabulary and categorical storage, conscience, momentum, wisdom, and the sub-conscious.

In the right lobe of the soul is everything necessary to properly be in command of the emotion, so that it can be what it was designed by God as the appreciator of blessing and any legitimate stimuli in life. The kardia contains all thought and all standards; the emotion contains nothing.

Emotions contain no doctrinal thought, common sense, or ability to reason. When emotion controls your soul, you can no longer think or apply doctrine. Emotion is strictly a responder; it is not designed to assume authority over the soul, but to be dominated by the right lobe.

- By definition then, the emotions are the appreciator of the soul.
- By function, the emotions were designed to respond to the right lobe.

Capacity for life has its basis in the right lobe and thought, rather than the emotions. You can only enjoy life through your emotions when they are under the control of the right thoughts. Once your feelings become the criteria for your life, you are no longer able to execute God's plan as a believer in the Lord Jesus Christ.

Emotion plays a non-essential role in spirituality other than to appreciate the Word of God, Work of God and legitimate thought, decision and

action. Emotion is a false gauge of spirituality being variable, changeable and unpredictable.

The factor that affects the emotion is numerous and varies from person to person. The individual's temperament, personality and disposition greatly affect one's emotion. Emotion is unpredictable, unreliable and therefore cannot be trusted.

Satan can turn any Church Age believer into a bitter worrywart through self-pity. The believer has no alibi, has no reason, and has no excuse for being trapped in self-pity because God has provided all the problem-solving devices that we might need.

The five (5) categories of the emotional complex of sins are:

Hysteria (including fear, worry, anxiety, panic, confusion, irrationality)

Hatred (including anger, bitterness, jealousy, loathing, animosity, vulnerability to imagined insults or injury, implacability, malice, tantrums, violence)

Self-centeredness: (including insecurity, selfishness, self-justification, self-deception, self-absorption, self-exaltation, and egotistical irrationality, hyper-sensitivity toward self and insensitivity toward others).

Reaction, (the combination of the sins of arrogance with the emotional complex of sins such as: jealousy, bitterness, vindictiveness, hatred, vilification, vituperation, malice, revenge motivation and operation, inordinate ambition and competition):

Guilt, which is a feeling of responsibility or remorse for some real or imagined offense: Guilt is caused by repression, denial, projection, and manipulation and weak people manipulate stronger people through guilt

Human changeable values and standards results to:

- Things categorized by men as sin but not by the Scripture.

- Things categorized by the Bible as sin but regarded as acceptable by men.
- Things categorized by one society as taboo but accepted by another.

There are two categories of sin which come from human volition:

- Sins of Cognizance in which a person recognizes the temptation as a sin and still wants to do it and continues to do so.
- Sins of Ignorance in which a person is not aware that what he has done is a sin but still desires to do so and follows through with it.

The issue is not what men have considered as sin and taboo but what God has categorized and called sin. Whatever God called sin - is sin no matter how you look at it. We cannot watered-down God's standard to make it suitable for you.

There is no bargaining with God's standard. Whether a sin of cognizance or ignorance, the believer is responsible for both categories and is equally guilty in either case. This is due to the issue of human volition in the angelic conflict.

However the grace solution is always freely available. Rebound is the solution for sins of cognizance, and once we name and cite our known sins to God the unknown sins of ignorance are also forgiven.

Therefore, 1 John 1:9 actually remedies both types of sins. Rebound is the recovery from carnality, one of the ten problem-solving devices provided by God to every believer. It is the only problem solving device that functions outside spirituality.

All the problem solving devices are provided by the auspices of the grace of God and none is operational by human power or human resources. Rebound is the non-meritorious naming, acknowledgment of personal sins apart from emotional connotation. Therefore, whether you are conscious to the knowledge of the sins of mental or verbal sins or not you are still responsible for committing them.

The "woe in me" reaction is normal to man but wallowing in self-pity is abnormal which end up in deserved sufferings.

- Self-pity can be expressed differently:
- As faithlessness (Exodus 4:10-13).
- As lack of compassion (Jonah 1:3, 4:1-4, 8-11).
- As manifestation of fear (1 Kings 19:4-15).

When things go wrong:

- You can choose to respond with appropriate Bible doctrine and come out victoriously.
- You can choose to let God do the things that you cannot do.
- You can choose to let God change the things that you cannot change.
- You can choose to give up trying and let God handle it for you in his time and in His way.
- You can choose to indulge in despair, loneliness or fear and sunk into apathy entangle in self-pity.

There are four (4) categories of personal sins:

- Emotional sins, related to fear, hatred which results to anger, violence, self-pity and guilt and mental murder.
- Mental Attitude sins, such as arrogance, pride, jealousy, bitterness, implacability, vindictiveness, inordinate ambition and competition, all of which are motivational sins based on sinful thoughts.
- Verbal sins, such as gossip, maligning, slander, judging, lying, and verbal deception.
- Overt sins, such as murder, stealing, chemical sins, and sexual sins.

The worst kind of emotional and mental sin that always end up to verbal and overt sin is self-pity. Self-pity is a factory where you manufacture endless miseries resulting to endless enemies.

Satan's problem today in the world how to is exalt and glorify himself but in hell, his problem would be how to get rid of self-pity. Self-pity is not part of God's plan or God's system for man but the results of Satan's failure to manage effectively the world system.

- Self-pity is the result of your failure to exalt or glorify yourself.
- Satan's way for human success is self-satisfaction.

- Satan's way for human failure is through self-pity.
- Satan is in business of distracting the believers through self-satisfaction.

#### What is Self-pity?

- Self-pity is a sick sort of comfort of a melancholic mindset, distorted by human viewpoint thinking dependent on feeling rather than truth.
- Self-pity is saying in effect that God is never concern with the best and highest for your life not knowing your pains and sufferings.
- Self-pity is failure to make your hope in God a reality. The reality of confidence or hope in God does not worry what the world may do to him as long as the will of God is accomplished in God's way.
- Self-pity is failure to wait for God's perfect timing. There is no advance or delay in God's perfect timing.
- Self-pity is lying to oneself being blinded by emotion distress of the soul.

The role of human freewill: Life is a matter of choice and option. You choose the life that you have now. What you are now is actually the results of many decisions (both the bad and good) you have made in the past. God respects the privacy of our free-will decisions.

Self-pity grows rapidly when fed with human viewpoint. Only the power of metabolized Bible doctrine and Holy Spirit can remove the negative mental attitude sins. Depressed believers are opening their soul to demonic doctrines resulting to demonic influence.

#### How to get out of self-pity? (1 Kings 19:4-15)

- God commanded Elijah to get up (to rebound)
- God commanded Elijah to get moving (to reside and function inside the Plan of God).
- God wants Elijah to choose divine solution rather than human solutions, to obey God's Word and stop emoting.

Self-pity is something you have to fight because it is not going to die naturally. You have to demolish it by inculcating Bible doctrine on consistent and systematic basis.

Self-pity is refusal to admit that either you have done the wrong thing or you have not done the right thing.

#### 2 Basic Categories of pity:

- Legitimate: pity (chanan meaning to be gracious) directed toward others (Job 19:21-22, Proverbs 19:17). Pity is usually a tender feeling for another person who is under suffering, crisis or distress (Matthew 18:33)
- Illegitimate: self-pity (the negative mental attitude) directed toward self operated by old sinful nature.

Satan modus operandi of self-pity is executed with arrogance (Matthew 16:24-25).

- Arrogance in relation with self-pity has two sides: Self-satisfaction or Self-pity or self-denial.
- The arrogance and desires of those who have not's - expresses in discontentment resulting to self-pity.
- The arrogance of those who have - expresses in self-satisfaction.

Self-pity is implying that someone is being unfair to you:

- Satan in effect told the woman (Ishah) God is withholding something from you.
- Martha in effect told the Lord Jesus Christ you made me work alone while you let my sister sit at your feet.

Self-pity is putting yourself and your problem above God:

- It is giving oneself greater importance above God and His Word which is a form of idolatry.
- It is obsession with self resulting to over-protection and the manifestation of occupation with self.
- It is excessive irrational and emotional love of oneself.

The believer inside the pre-designed plan of God who has metabolized Bible doctrine in his soul is preoccupied with the Lord Jesus Christ. Self-pity has no place in the plan and will of God.

- Self-pity is destructive and damaging:
- It distracts your relationship with God.
- It destroys your relationship with people.
- It drives away people from you.

Self-pity is common to everyone. As human being, you are bound to experience self-pity at one time or another. Any believer in any stage of spiritual life can fall into self-pity whenever he becomes careless, naive and passive toward Bible doctrine.

There are three basic factors that cause self-pity:

- Emotion as negative mental attitude sins.
- Physical depression - physiological factors as physical illnesses.
- Mental depression - psychological factors as mental problems

Self-pity is feeling sorry for self as cover up to hide its reality.

- It hides the reality that emotion is in control and not the mentality.
- It hides the reality of defeat and miseries.

Self-pity is defense mechanism that seeks to avoid the pain through escapism or defense mechanism from reality or unreality of pain.

- The pain that it seeks to avoid can be real or imaginative (illusion).
- The pain that it seeks to avoid can be self-made or produce by others.
- The pain that it seeks to avoid can last from one minute to lifetime.
- The real problem is not the pain or suffering but how the believer responds to such suffering.
- Responding to suffering apart from Bible doctrine (divine solution) is to face the problem without solution.

Self-pity is self-deception in order to draw unto self unmerited compassion from others regardless how it is convey. The person sunk in self-pity is

always seeking comfort, consolation, immediate but temporal relieve from others.

Self-pity is self-denial of personal responsibility by assigning blame to others for his own miseries.

Self-pity is refusal to feel the pain by making others share his pain. The person sunk in self-pity is making the people around him unhappy by compelling them to bear his pains and miseries.

Self-pity exaggeratedly advocates the injustice and unfairness of the world. There is no justice and fairness in the world but this should never stop you from enjoying your life. Real justice is found only in God and in His Word.

Self-pity failed to face the pain squarely. The believer with metabolized Bible doctrine can face any pain and use it as stepping stone to seek the change which the Holy Spirit alone can bring.

Self-pity is putting big expectation upon oneself. God does not place unrealistic expectation upon us we do. God's commands and demands come with tremendous resources and power system in order to accomplish what He desires for us.

Self-pity is busy comparing oneself with others. Comparing yourself to others result to more complicated problems and deserved suffering. Self-comparison violates the royal family honor code and the basic principles on Christian relationship. When you resolved to comparing yourself with others result to personality conflict that could last from few hours to lifetime of miseries.

Self-pity operates in competitive lifestyle.

- You are here as believer not for the purpose of making rivals.
- Your purpose is to live your spiritual life and not to draw comfort or consolation to yourself.

Self-pity failed to recognize that real promotion comes from God:

- Promotion from God is grace blessings not because of who and what we are.

- Real promotion comes only from God. Human promotion is not really a promotion.
- Some people who are worse than you are doing better because of God's grace.

The omniscience of God knows what is best and highest for us. Whenever God answers your prayer with "no" or "wait" just remember that he knows the best for you. God wants you to continue trusting and expecting from Him what you do not deserve.

Self-pity is very demanding soliciting attention from others. People sunk in self-pity believe that the world was created to serve and please them. They believe that the world centers on them.

Self-pity is self-centeredness. People sunk in self-pity failed to realize that they are just part of the whole which is mostly bound for rejection. To minimize your miseries:

- Stop seeking attention from others.
- Stop seeking paying too much attention to yourself.
- Stop your illusionary celebrityship

Self-pity is distorted belief based on human viewpoint and energized by human power:

- Distorted belief of false success and promotion.
- Distorted belief of false happiness and peace.
- Distorted belief of false blessing.
- Distorted belief of false approbation and recognition.
- Distorted belief of unreal life\*s purpose of existence.

Self-pity is giving in to hopelessness without considering that God has all the solution.

They failed to consider those difficult situations are challenges to trust God in every circumstance.

- They failed to consider that failures are road to success.

- They failed to consider that God allows failure in order to pour out His blessings.
- They failed to consider that failure is a success you have to achieve with God in God's way.

God does not give any recognition to our success in the world, in the same He does not give any demotion to our failure.

Human celebrityship and success in the world is regarded by God as garbage.

Self-pity is miseries in the soul. Real miseries exist in the soul not in chaotic environment, perilous things, or critical situations.

- An individual is miserable because of his negative mental attitude that refuses to see the grace and mercy of God.
- The worse misery is not physical suffering but when the emotion controls the mentality of the soul.

Self-pity is over reactive to situation or condition. The source of pain is not our present condition or situation but our:

- Negative reaction
- Negative mental attitude
- Distorted thinking

Self-pity distracts spiritual advancement. The presence of self-pity means that the believer is outside the plan of God which calls for the execution of rebound. Rebound is the only grace provision outside the plan and purpose of God. After rebound, the believer must maintain his residency, function and momentum inside the power system of God.

Self-pity is self-defeating. Nothing good can come out of self-pity. The only person you can defeat with self-pity is yourself. Self-pity accomplishes sic negative things:

- Manifests your carnality or reversionism
- Enhances your ignorance of Bible doctrine
- Multiplies your miseries and deserved suffering
- Blows your ego and self-righteous arrogance.
- Hinders real blessings from God.

- Prepares your spiritual life as full-breed spiritual loser.

Self-pity focuses on the problems ignoring the One who has all the solutions. The believer must learn to change his focus using the power of the Holy Spirit and metabolized Bible doctrine. Change your focus from:

- What you cannot do to what God can do.
- What you cannot change to what God can change.
- What you wanted to do to what God wants to happen.
- Things that went wrong to things that God can make right.

Self-pity only results to more self-induced miseries since we become what we think about. Prolonged self-pity can really make a horrible person out of you. Self-pity is never a commendable virtue but can only produce a disgraceful person.

Self-pity is the worst kind of idolatry. It worship the most atrocious and useless person that cannot even save itself. Self-pity put God out of your life being replaced with emotion. Self-pity will make a god out of you - a god that is begging for attention and worship.

Self-pity is paralysis that hinders spiritual growth and momentum. The believer must learn and know how to get out from:

- Imaginative exaggerations of your problem - by not allowing illusion destroy your doctrinal frame of reference.
- Mental or emotional slavery - by grace provision of rebound.
- Human viewpoint and satanic policies - by reception, recall and retention of Bible doctrine.

Self-pity is mental slavery. The believer must decide to change his path and leave the dungeon of self-pity by renewing his mind with Bible doctrine. It is easy to enjoy self-pity especially when some doctrines less Christian are pampering you with humanistic words of comfort mistaken for the Word of God (like the "Purpose Driven Life" of Rick Warren).

Self-pity is satanic weapon that you can render useless. It is a distraction and figment of your imagination that distract the believer from reaching their objective of spiritual maturity.

Self-pity is unimportant and useless endeavor which does worth your valuable time and attention. Satan is in business of trapping in unimportant, unrealistic, unnecessary things of life. The life of a reversionist is well-spent in the non-essentials.

Self-pity will not make you an inspiration but an illustration of self-made miseries to others. You will become an unrecognized horrible example of miseries, negative mental attitude, a living example of disobedience to God who is bound to receive unbearable deserved suffering.

Self-pity is the strongest evidence of a soul completely misdirected from the plan, purpose and will of God being focus on self and personal problems.

The person sunk in self-pity is blind and incapable of realizing his slavery to emotion. Only through the Holy Spirit and the renewing power of metabolized Bible doctrine can change any individual.

A life allowed to be filled with self-pity becomes worthless to the Lord being a dishonorable vessel. A person sunk in self-pity cannot function and operate inside the Pre-designed Plan of God.

Self-pity makes a person sentimental, over-reacting and becoming over-sensitive just about anything. It seeks undeserved approval, recognition or attention from its victims.

Self-pity denies responsibility and accountability for its decision and action. It is trying to escape responsibility by accusing or blaming others for its pains and miseries.

Self-pity may result to endless activity.

- Endless activity is usually the hallmark of the flight from self-pity. Endless activity gives the expression of busyness without accomplishing anything.

- Endless activities will result to more dissatisfaction and more self-pity because of more problems one is bound to face without solution.
- Endless activity will result build of self-righteous arrogance boasting of one's work for God.

Self-pity generates the inability to achieve anything other than becoming a spiritual loser. The person dejected by self-pity is capable only of distorted decision and destructive action.

The endless activity energized by Satan is contrary to divine policy of grace. The expression that "God helps those who help themselves" is not from God but from Satan. The devil is doing everything to keep man under the bound of self-righteous arrogance by encouraging them to work for the things which God has freely provided in grace.

Self-pity implies personal failure:

- Failure in form of jealousy which leads to endless moral activity (ex. a womanizing husband).
- Failure in form of guilt which leads to endless physical activity (ex. an employee pilfering from his employer will work harder).
- Failure in form of arrogance which leads to endless communal activity (ex. a political leader seeking approbation).
- Failure in form of self-righteous arrogance which leads to endless religious activity (ex. a religious man with secret sins)
- Failure is God's way to teach man to stop trying hard and start believing with relax mental attitude.
- Praying hard, believing hard, working hard for God is Satan's way to glorify man in place of God.

Self-pity is a matter of decision and selection in life. What you are now is the result of your previous thinking and decisions. You have the key for changing your situation. You can choose God and His divine viewpoint and be happy or you can choose Satan and his human viewpoint and be miserable the rest of your life.

The Lord Jesus refused to resolve in self-pity even for one second. Self-pity means that the believer is outside the grace plan of God, residing and functioning in carnality being distracted from the purpose of God. The Lord Jesus Christ refused any negative mental attitude all throughout His humanity. Only the soul saturated with Bible doctrine has capacity to refuse and reject any negative mental attitude.

There are two categories of suffering in the life of the believer:

- Suffering under discipline is meant to be a teaching aid. However, if you ignore it, this discipline becomes unbearable.
- Suffering for blessing is bearable and designed to accelerate spiritual growth by giving the believer the greatest opportunity to apply God's Word to life's situation.

Divine discipline is confined to time for there is no divine discipline in heaven. The execution of sin unto death does not imply the loss of salvation.

2 Timothy 2:11-13 Trustworthy [is] the word: For if we died with [Him], we will also live with [Him]. If we endure, we will also reign with [Him]; if we deny [or, disown] [Him] that One will also deny us. If we are unfaithful, that One remains faithful; He is not able to deny Himself.

Any believer who rejects Bible doctrine and the predesigned plan of God long enough (that in state of reversionism) will die under the sin unto death. He will be ashamed at the Judgment Seat of Christ when he sees those fantastic blessings of eternity that will never be conveyed to him, simply because he refused to take advantage of the grace of God after salvation, and did not fulfill the conditions of the unique spiritual life, in spite of all the phenomenal assets that God provided.

Remember, the emotions are the appreciator of the soul, and were designed to respond to the mentality. Emotion is strictly a responder; it is not designed to assume authority over the soul, but to be dominated by the right lobe. Emotion has no ability for love, life and happiness. Therefore, the dominion of the soul result only to emotional revolt produces rebellion against God and against the Word of God.



Self-pity is emotional distraction to spiritual momentum that is preventable and curable by God's power and God's Word. Many believers are distracted from the plan of God through imitation or concentration on personality, lifestyle, prohibitions, emotions, and ascetics.

There are all sorts of imitations that Christians get themselves involved in which serves to become a distraction in the Christian way of life. Self-pity is the least and the worst kind of distraction in the Christian life. There is no immediate solution to self-pity. The believer needs a lot of Bible doctrine in his soul to overcome self-pity.

## The Doctrine of Weeping

Weeping is the shedding of tears as an expression of emotion. It is an expression of grief, sorrow, frustration, lamentation, emotional stimulation, happiness, pain, or any overpowering emotion. Weeping therefore can express either weakness or strength. Ecclesiastes 3:4 says "A time to weep, and a time to laugh; a time to mourn, and a time to dance. According to the word of God, there is weeping that is good for the soul and weeping that is detrimental.

Weeping can be an expression of grief, sorrow, frustration, lamentation, emotional stimulation, happiness, pain, or any overpowering emotion. Therefore, weeping can express weakness or strength.

There are 2 basic types of weeping:

- Legitimate weeping is related to genuine expressions of emotion, which are not related to the arrogance or emotion complexes of sins.
- Illegitimate weeping is related to both the arrogance and emotion complexes of sins, as well as the law of volitional responsibility. This illegitimate weeping is a manifestation of withdrawal, disorientation to the grace of God, frustration, and scar tissue of the soul.

Biblical Account of Illegitimate Weeping: A good example of unjustified weeping is found in Numbers 14:1-4. In the background to this passage, Moses had sent twelve men, one from each tribe, to spy out the Promised Land. When they returned at the end of 40 days, they came to Moses and Aaron and all the congregation of Israel with an "evil report," for fear of the giants in the land (Numbers 13:31-33).

The weeping of the people of Israel in Numbers 14:1-4 resulted from scar tissue in their souls, which were caused by three factors:

- Negative Volition through refusal to hear Bible doctrine as taught by their teacher Moses. This is the most basic and common form of negative volition toward God's plan. Using the messenger as the alibi for not hearing the Word of God.
- Negative Volition through refusal to metabolize doctrine after hearing it. Metabolizing doctrine is analogous to thinking doctrine.
- Negative Volition through withdrawal and refusal to apply doctrine after hearing and metabolizing it.

Philippians 3:18 For many walk about [fig., conduct themselves] of whom frequently I was speaking to you, but now also weeping I speak [of] the enemies of the cross of Christ. As Paul wrote this passage he thought of all of those wonderful people he had known in the past. Yet as he writes this, these very same people have not only turned against Paul, but they have turned against the Cross. They have ignored that which was accomplished on the Cross. There are legitimate and illegitimate forms of weeping.

Legitimate weeping then is related to genuine expressions of emotion which are not related to the sins of arrogance or the emotional complex of sins.

Illegitimate weeping is related to both the emotional and arrogance complex of sins, and is related to the law of volitional responsibility.

Once a person begins to reap what they sow in the cosmic realm, there's a tendency to become emotional and filled with regrets, and enter into illegitimate weeping. This was the case in Numbers 14:1-4.

Here is an entire assembly that saw the omnipotence of God and the grace of God perform ten miracles, and they also saw the deliverance of God ten times in the desert. They failed to recognize the work of God.

They have no doctrine in the soul and therefore no spiritual discernment to know and appreciate the work and the Work of God. They deceived themselves. Six ways a believer deceive himself:

- To ignore the existence of carnality in the Christian life (I Jn. 1:8-9).
- To reject the principle of grace while helping other - Pride (Gal. 6:3)
- To depend on the energy of the flesh - (I Cor. 3:18).
- To hear and not apply the Word of God - (James 1:22)
- To think that his blessing is the results of his work and character.
- To be legalistic and guilty of sins of the tongue and being sunk in self-deception - (James 1:26)

In Egypt, they saw ten of the most extraordinary miracles in entire human history performed through Moses in order to get the release of the Jews from slavery.

- They saw the Nile river turn to blood (Ex. 7:20) symbolizing the spiritual death of Christ for the entire human race. They saw the land of Egypt covered with frogs (Ex. 8:6) which is a typology of human pride and arrogance.
- They saw all the dust and sand in Egypt turn into gnats on man and beast (Ex. 8:17) symbolizing the uncleanness and filth of the lust of the flesh.
- Then they saw swarms of insects upon the entire land of Egypt (Ex. 8:24) symbolizing Beelzebub the lord of the flies and the god of this world.
- They saw all the livestock of Egypt die while all the livestock of Israel lived (Ex. 9:6) symbolizing divine rejection of the natural man.
- They saw the plague of boils which hit both man and beast (Ex. 9:10) symbolizing the mental wounds of man.

- They saw thunder and hail and fire raining down from heaven upon the Egyptians (Ex. 9:23) symbolizing the wrath of God upon disobedience.
- They saw the plague of the locust all over the land of Egypt (Ex. 10:13) symbolizing the spiritual barrenness of the cosmic system.
- They saw complete darkness come over the land of Egypt for three days (Ex. 10:22) symbolizing alienation of the world from the light of the world, The Lord Jesus Christ (John 8:12).
- They saw all the first born children in the land of Egypt including Pharaoh's firstborn die (Ex. 12:29) symbolizing the second death for all who did not believe (Rev 20:14).

The power is in the Bible doctrine in your soul, not in what you see. In Numbers 14 this congregation thought the Lord had brought them out of the land of Egypt to be killed by the sword. They preferred to return to the slavery of Egypt, which represented false security, rather than the freedom of following the truth that would set them free. The number 10 in the Bible is used for the principle of completion and signifies the perfection of divine order.

- 10 miracles in Egypt.
- 10 miracles in the desert.
- 10 rebellions from the congregation of Israel.
- 10 commandments,
- 10 plagues

The number 30 represents in a higher degree the perfection of the divine order, as marking the right moment. Christ was 30 years of age in the beginning of His ministry. Joseph a type of Christ was 30 years old (Gen. 41:46) and so with David when he began to reign as king.

The Lord gave Israel one of the two best Bible teachers in history, Moses. These Jews in the book of Numbers had been in slavery and bondage and they forgot all about it. They forgot all the brutality of slavery, forgot all of the injustices, all of the terrible things that happened to them. They wanted to go back to affliction and hard labor (Ex. 1:11-14).

They wanted to go back to slavery under the abuse of the Egyptians (Exo.1:14). They forgot about the decree in Egypt to kill all the new born Jewish males (Exodus 1:16). They forgot the fact that they were beaten physically by the Egyptians (Ex. 2:11). They forgot that they cried out for help to the Lord because of their extreme bondage.

The solution of the people ignored divine viewpoint and demonstrated ignorance of God's problem solving devices. To them, the human solution was the assassination of Moses, Aaron, Caleb, and Joshua, and then electing a new batch of their favorite leaders, or to return to Egypt and slavery. They thought politics has something to offer them. This same irrationality and emotional revolt of the soul motivated the Jews to invade the land contrary to God's command which lead to military disaster and more illegitimate weeping (Deut. 1:42-45).

This is illegitimate weeping and therefore the Lord would not listen to them. They went quite too far from will of God, becoming restless wanderers in the wilderness. Mental illness was so predominant, that many became mentally wrecks and disturbs.

Legitimate weeping can be an expression of sorrow. David was deeply moved when he heard the death of his son Absalom. It is alright to weep over the lost of loved ones but never to be grieved (1 Thess. 4:13) "But we do not want you to be uninformed, brethren, about those who are asleep, that you may not grieve, as do the rest who have no hope. "When a loved one dies, weeping either shows great capacity for love or great capacity for acting.

People with the nobility and prestige of Bible doctrine in the soul can weep without regret or remorse at the lost of loved ones. When you weep at the death of a loved one without regrets, then that is a sign of nobility in the soul. Capacity for love also weeps from knowing that the person who has died is face to face with the Lord.

Legitimate weeping can also occur as an expression of sadness regarding those who are negative toward Bible doctrine (Phil. 3:18-19). When we have had a friend or friends who were once positive toward doctrine but

slowly and surely they are drifting away, this could cause weeping as an expression of sadness.

There is a legitimate weeping of appreciation for being restored back into fellowship with God (Psalm 30:5). Legitimate weeping with tears can also be a memorial to God (Psalm 56:8). All the tears related to our fellowship with the Lord, all of the tears that represent the good part of weeping, all of the things related to those tears, God puts them, as it were, into a bottle as a memory. In that memory, He provides comfort in time, and a far greater comfort in the eternal state.

The legitimate weeping of the humanity of Christ is unique. Our Lord wept at the tomb of Lazarus. It was weeping of bereavement, indicating our Lord's great capacity for love. Our Lord also wept at the cross (Psalm 22, Hebrews 5:7) "In the days of His flesh, He offered up both prayers and supplications with loud crying and tears to the One able to save Him from death..." which expressed the manliness and maturity of Christ. He cried and screamed under the horror of spiritual death and yet remained grace and doctrinal oriented.

Feeling sorry for what we have done will not save you. Judas felt sorry after he betrayed the Lord (Matthew 27:3) yet Judas was not saved according to Acts 1:25. Illegitimate weeping can be caused by the soul not being able to cope with historical disaster (Joel 1:5-6).

Here weeping is a negative expression of the soul to utilize resident Bible doctrine. Illegitimate or bad weeping occurs in national disaster. The nation of Israel instead of putting their confidence on God resolved to human solution of alcoholism.

It was the weeping of alcoholics in national disaster. Men filled with wine (instead of the Holy Spirit and Bible doctrine) cannot handle national disaster. There is the weeping of bitterness in 1 Samuel 1:10. Hannah was barren and was bitter about it. Her bitterness caused withdrawal and scar tissue of the soul. This is weeping from arrogance.

Illegitimate weeping can be the result of ungratified lust (Numbers 11:1-20). This is weeping from the rejection of the Lord and His plan for their life.

Illegitimate weeping can be the result of disorientation to reality or sour grapes (Ezra 3:12-13). The old men wept at the rebuilding of the Temple because it wasn't as big as the original temple.

Illegitimate weeping can be due to lost opportunity (Matthew 8:12, Luke 13:28).

Illegitimate weeping can be due to emotional takeover of the soul (Rev 5:4) "And I began to weep greatly, because no one was found worthy to open the book, or to look into it;" This was a momentary failure by John to let emotion controlled his soul, a moment applause by Satan.

There is the cessation of weeping (Isaiah 30:18-20) and Rev 21:4 says "and He shall wipe away every tear from their eyes; and there shall no longer be any death; there shall no longer be any mourning, or crying, or pain; the first things have passed away."

The resurrection body will have the capacity to emote without overflowing with tears. All weeping ends for the believer at death are useless. He is forever face to face with the Lord where there is no more pain, no more sorrow, and no more death. The dying grace is the fantastic blessing on earth the spiritually mature can receive:

- Dying grace removes fear of death (Psalm 23:4)
- Dying grace depends on who and what God is (Psalm 116:15)
- Dying grace provision of deliverance in extreme difficulty (Job 5:17-21)
- Dying grace gives comfort to those left behind (Job 5:21b-24)
- Dying grace takes the believer at God's perfect time (Job 5:26) not too early and not a minute late.
- Dying grace means an eternal home (John 14:1-3) to be face to face with the Lord Jesus Christ freed from the slave of old sinful nature.
- Dying grace means a full and complete realization of eternal life (2 Corinthians 4:18)

Weeping can express sinfulness of the soul under emotional revolt. Hannah was bitter because of the unjust attacks against her. When you

weep, it is either because of bitterness in the soul or nobility in the soul from positive volition to doctrine. Peter wept because of bitterness (Luke 22:62). He had just denied the Lord three times and he was bitter.

#### Sickness and Health

- Good health is grace blessing from God - not because it was deserved or earned.
- Sickness is cursing from God (Leviticus 26:16) and just one of the many types of suffering in life.
- Sickness and loss of health is generally caused by rejection of logistical grace provision (Matthew 6:31-32; 1 Corinthians 10:31).
- Food (Psalm 105:40-41; Matthew 6:11; 1 Corinthians 11:30-31) - eating anything except food from the Plan of God Server may cause suffering.
- The leading cause of sickness is arrogance and failure to Rebound.
- Sickness may be suffering for blessing (2 Corinthians 12:10; James 1:2-4; Psalm 119:71) or discipline (Hebrews 12:6; Psalm 38).
- In sickness, God reduces the spiritual light available to the body (Matthew 6:23).
- Mental illness is caused from scar tissue of the soul, garbage and guilt in the subconscious, and demonism (1 Timothy 4:1-2).
- The best advice for health is metabolization of Bible Doctrine.

Illegitimate weeping is a sign of deep-rooted self-pity due to ignorance of Bible doctrine. Believer who is sunk in self-pity is outside the will, the plan and purpose of God and therefore must execute the grace provision of rebound. The root cause

of self-pity that results to illegitimate weeping is the OSN being in control of one's soul. The only solution is rebound and then constant residency, function and momentum inside the divine dynasphere.

There is no shortcut when it comes to spiritual success. The renewal of the mind is the task of a lifetime through a lifestyle of daily study of Bible doctrine.