



The Examiners

Examining the Scripture daily to see whether these things were so...Acts 17:11

Miserably Yours

The Doctrine of Self Induced Miseries
Vol. 5 No. 15 August 2011

Christians are miserable because they choose and make themselves miserable because of wrong or bad decisions against the will of God and indecisions for the plan of God.

The law of volitional responsibility recognizes that the believer's decisions have natural and logical repercussions. Because of the divine decree and human freewill our decisions and indecisions have real consequences for which we are responsible. The implication of the law of volitional responsibility is that every human being must take the responsibility for his own decisions and actions.

The most miserable people are found in churches:

- Unbelievers trapped in false religion trusting their self-righteous works to earn their salvation.
- Believers devoid of truth and reality failing to discern the will and purpose of God.
- Believers unable to execute the plan of God for their lives and living in the world apart from God.

People are miserable because of their unrealistic desires:

- They intensely want what they do not have
- They intensely not wanting what they have
- They intensely want what they don't need

There are five categories of suffering for believers:

- Self-induced misery: (spiritual childhood)
- Divine discipline: (spiritual childhood)
- Preventive suffering: (spiritual adulthood)
- Momentum testing: (spiritual adulthood)
- Evidence testing: (spiritual adulthood)

Self induced misery is the most prevalent suffering:

- Unbelievers fully and utterly suffer from it
- Immature believers regularly suffer from it
- Growing believers normally suffers from it
- Mature believers occasionally suffer from it

Types of self made miseries:

- Self-Imposed misery: voluntary assumed
- Self-Induced misery: voluntary acquired
- Self-Indulged misery: voluntary submission
- Self-Incited misery: voluntary provocation
- Self-Inflicted misery: voluntary doing it

Symptoms of miserable person:

- Blaming
- Bribing
- Manipulating
- Complaining
- Criticizing
- Nagging
- Punishing
- Threatening
- Conniving
- Scheming
- Designing
- cheating
- Compelling

As believers we cope with the problems and adversity of life because God solve our problems inside the plan of God. If we refuse to depend on God then we suffer with our self-made miseries. Our miseries are self-made, self-maintained and self-multiplied. We are miserable because we preferred to be miserable; we choose to suffer than to let God handle our problems. The easiest thing to do to lose your spiritual capacity for life, love, happiness and glorifying God is by neglecting Bible doctrine. Bible doctrine in the soul is the fountainhead of happiness and the true source of happiness which we gain by developing our social life with God.

Our life's exams come in problems of life by which we gain momentum in the spiritual life by application of Bible doctrine (problem solving devices).

Two ways for the continuation of momentum in the spiritual life:

- By perception of Bible doctrine in academic class
- By application of Bible doctrine to life's problems

The gates of the cosmic systems: (the gates of self-made miseries):

- Motivation antagonism toward God, God's Word and people of God
- Negative volition toward God and God's Word
- Anti-divine establishment
- Cosmic panaceas
- Cosmic degeneration
- Religion
- Evil as satanic policy
- Anthropocentric academic speculation

The gate ways to bitterness and miserable life:

- Disappointed with yourself (it means that you still believe in yourself)
- Discouraged with yourself (it means that you don't believe God)
- Disheartened with yourself (it means you that you still trust yourself)
- Disillusioned with yourself (it means you still hope to be better by your effort)

Categories of cosmic mindset (1 Peter 1:13)

- The high-minded, arrogant, and egocentric mind (1 Tim. 6:17, 2 Tim. 3:4)
- The worldly and materialistic mind (Romans 8:5-7, 1 Cor. 3:1-4)
- The impulsive, aggressive and easily retreating mind (2 Cor. 9:2)
- The deceived and disillusioned mind (Gal. 5:10)
- The empty and manipulative mind (1 Peter 1:8)
- The earthly focus mind (Col. 3:2b)
- The panic mind (2 Thess. 2:2, Heb. 12:27)
- The defiled mind (Titus 1:15-16)
- The unstable mind (James 1:8, 4:8)
- The undiscerning mind (Romans 1:28)

Categories of spiritual mindset:

- The renewed mind (Romans 12:1)
- The obedient mind (2 Cor. 8:12)
- The ready mind (2 Cor. 8:19)
- The sound mind (2 Tim. 1:7)
- The sober mind (Titus 2:6)

The description of bitterness (marah):

- It is a reaction sin (to adversity, loss, pain, etc.)
- It is the assumption that you are right and someone else is wrong.
- It is a rejection of personal responsibility toward the sovereignty of God, God's plan and purpose.
- It is the result of misinterpretation and the lack of understanding of God's system.
- It is the byproduct of arrogance.
- It is the maintenance of personal sins that grieves and quenches the Holy Spirit.
- It is building and magnifying frustration and failure (Isa. 33:7).
- It results to becoming fault finder, jealous and irritated person.
- It destroys capacity for life, love, and happiness.
- It is always lying to yourself (self-deception).
- It results to self-destruction.

A bitter person is always a selfish person. Selfishness is focus on one's own interest, advantage, pleasure, comfort and attainment of happiness through the approval and recognition of others. Selfishness is now nicknamed as the virtue for rational survival and promotes wealth, health and the absence of generosity.

Animosity or bitterness has:

- Its cause: (Heb. 12:15): inadequate knowledge and understanding of God.
- Its curse: self-made miseries beyond limits
- Its course: around the ocean of unforgiveness
- Its consequences: infinite unbearable sufferings
- Its cure: available in the Bible doctrine

We all have great opportunity to be miserable (Jas. 5:1):

- When you try harder to get what you want
- When you cannot accept your failure or defeat
- When you cannot get what you desire
- When you refuse to give up on something
- When you refuse to surrender to someone
- When you are holding tightly on what you have
- When you are possess by someone or something

Cause of self-induced miseries:

- Faulty thinking (cosmic mindset)
- No metabolized Bible doctrine in the soul (MBD)
- No spiritual common sense (NSCS)
- Bad decision from position of weakness
- Deceived by cosmic scheming
- No spiritual discernment (NSD)
- Misusing the Word of God
- Not applying the Word of God to life
- Build up of negative mental attitude sins
- Reaction to injustice or ill-treatment
- Not forgiving self and others
- Not forgetting the past (living in the past)
- Sowing discord and hatred
- Rejection of truth, reality and virtues
- Violating divine establishments
- Worrying what man cannot control
- Unrealistic inspirations and expectations
- Unreachable aspirations
- Pushing your own plans for your life

Your own plans for your life include:

- Enormous amount of miseries, pains, agony, bitterness, frustrations, heartaches and tears
- Cosmic operating systems of evil
- Divine discipline and curses
- Loss of blessings in time and eternity
- Loss of spiritual capacity and power
- Consider poor, naked and worthless before God
- Guarantee failure in the angelic conflict

Misery is always:

- Self-made (you alone are making it to yourself)
- Self-maintained (you feed it with your cosmic mental attitude and human viewpoint)
- Self-multiplied (you make it grow, develop and give birth to more sins through your carnality and continuous rejection of Bible doctrine)
- Self-magnified (you alone are releasing it from the bestial zoo of unbelief, lusts and bitterness.

The categories of the will of God for divine guidance:

- The viewpoint will of God: What does God want me to think?
- The operational will of God: What does God want me to do?
- The geographical will of God: Where does God want me to be?

The viewpoint will of God is the same for all believers to think divine viewpoint. Divine viewpoint comes from the consistent, progressive and systematic intake of Bible doctrine. The knowledge of the Word of God results to knowing the will and purpose of God. Spiritual maturity is the possession of maximum Bible doctrine in the soul.

The operational will of God is the same for every believer. The indwelling Holy Spirit and metabolized Bible doctrine in the soul will guide the believer to function and operate inside the plan of God, using the spiritual assets, resources, power and wisdom from God in order to live a life that is focused on the Lord Jesus Christ.

The geographical will of God is different for all believers. The geographical will of God is anywhere the believer continues to advance in the plan of God with the available doctrinal teaching. The believer will have no problem with the geographical will of God if he is in the operational and viewpoint will of God. Miseries come into the scenario when the believer get out from the viewpoint, operational and geographical will of God.

Self-made miseries come whenever the believers:

- Reject the will of God: (that is to follow human or Satanic will)
- Reject the viewpoint will of God: (that is to think human viewpoint)
- Reject the operational will of God: (that is to use human system and solutions)
- Reject the geographical will of God: (that is to choose the cosmic system)
- Reject the directive will of God (that is the direct commands or instructions of God)
- Follow the permissive will of God (that is human will rejecting the warning of God)
- Follow the overruling will of God: (that is to choose human will or satanic will but intervene by God)

Spiritual common sense is the execution of the revealed, identified and mandated will of God. In most occurrences in the life of immature believers, spiritual discernment is not required since they lack the frame of reference of Bible doctrine in the soul. Spiritual common sense is the ability to choose, decide and act in obedience to God's Word in pursue of spiritual intimacy with God.

Reasons for Christians sufferings:

- Frantic quest for happiness in the world
- Reaction and suppression of guilt of sin (1 Timothy 1:5-6, 3:9)
- Negative volition of the callous soul (Ephesians 4:17-19)
- Related to Angelic Conflict (1 Peter 1:12)
- No capacity for life and lack of contentment
- Failure to isolate sin (Heb. 12:15)
- Rejection of legitimate authority (Judges 19 -21)
- Rejection of the right-man or right-woman (Ezekiel 16 and 23)
- From interrelationship with those who are sufferings (1 Chron. 21)
- Because of divine discipline (Heb. 12:6)
- Because of rejecting God (Jeremiah 13)
- To demonstrate the power and grace of God (2 Corinthians 12:1-10)
- To learn the value of Bible doctrine (Psalms 119:67,68,70)
- From the rapid and accelerated growth in the Word of God (James 1:1-6)
- From natural disaster (Isaiah 59:15-21)
- From temporary loss of norms and standards of Bible doctrine (Jeremiah 2:24-25)
- Because of war (Deut. 21, 24)
- Because of the short circuit emotion of the soul (John 20:9-18)
- In process of dying (Job 5:20) either sin unto death or dying grace.
- Irreverently partaking of the Lord's supper (1 Corinthians 11:29-31)
- Because of the special gifts and calling to serve God like the apostles.

Timely principles to consider:

- Suffering points to the grace of God and to His sovereign operation of justice (job 41:10-11).
- Your suffering is important to God but you are not exclusive object of His concern (Job 38:26-).
- We have to advance beyond our occupation with our sufferings to know and appreciate the greatness of God. Never allow your suffering to overwhelm you but use the divine solutions.
- No problem catches God by surprise and God has a solution for every problem and difficulty.
- The link between God's solution and your problems and failures is knowledge of the Word. The blessing and the solution are always there.

The plan of God controls the will of God for the believer.

- God directs us to operate within the categories of His will.
- God permits us to operate outside these categories.
- God overrules in the sense He makes all things work together for good in our lives.

What I think of myself: False standards of human self-esteem also known as human identity. Human identity is what man thinks of who and what you are.

- How we look
- What we have
- What we can do
- Where we are
- Who are with us

Human identity has no place:

- Grace orientation
- Doctrinal orientation
- Volitional orientation

Human identity revolves in self-concept: the fake standard of the approbation lust which seeks the approval of men by issues of false worth. The Christians seek approbation of men through:

- Appearance
- Abilities
- Achievements
- Assets
- authority

What God thinks of me: The Biblical standard of spiritual self-esteem also known as spiritual identity. Spiritual identity is what God thinks of who and what you are.

- Who and what we are in Christ
- What God is doing in us

Mental purification is getting rid of the concerns, worries and other mental attitude sins that plague your complicated daily life. There is an enormous amount of mental garbage scattered around in your consciousness. The main goal of renewal of the mind is to confess these mental attitude sins, get rid of all the human viewpoint garbage in your thinking, and replace this rubbish with the Bible doctrine. If this process is done in the filling of the Spirit, it is guaranteed to produce inner happiness.

Steps to get rid of the stubborn rubbishy thinking:

- Identity and be conscious of the erroneous ideas
- Replace the human viewpoint with the divine viewpoint.
- Assimilate the new biblical concept by applying it to actual life situation.
- Discharge the erroneous concept by repeated correct application of Bible doctrine.
- Keep applying the correct Bible doctrines until the stubborn garbage, deeply ingrained in the soul are replaced.
- Never give up! Repetition is the high prize of knowledge. The assimilation of the doctrinal concept and the discharge of the old erroneous human viewpoint simultaneously take place.
- Repeated study and application of Bible doctrine is the only way to have a renewed mind.

Erroneous thinking patterns share some common traits:

- Unstable emotion – use to justify anything
- Irresponsible attitude
- Rationalization
- Ambivalence: no real desire to solve the problem
- Exclusion of self from bible study
- Perfection –not satisfy for the result of doctrine
- Recalcitrance – no real interest of Bible doctrine
- Superiority – deny his problems
- Display – concern for what others think of them
- Resistance resists the continual admission of sin
- Fear of isolation – left by friends
- Disenchantment – gone after hit by doctrine
- Reluctance – to make operational changes
- Substitution – his own for God's plan
- Selective listening – only for what he like
- Lack of receptivity
- Lack of effort and initiative
- Victimization: demanding reward from God
- Blaming others
- Impatience and irritability
- Inflexibility
- Cursing – misery manufacturing machines
- Independence from God
- Disparagement – just façade and pretense
- Blowhard – never learn anything
- Failure to endure adversity
- Anticipation – somebody to fix it for them

The spiritual rehabilitation of soul is possible only through repetitious study of Bible doctrine. You have to restudy the Bible doctrine in the areas where you have failed the test. You have advance in the plan of God until you pass that particular area of doctrine. We either misused the truth or abused it and yet we are able to cope up the problems and adversity because God solved the problems inside the divine dynasphere. Do not feel trapped in your sufferings like Job, (Job 3:2-26) but recognize that God is in your suffering and will never leave you alone. From your suffering gird up the powers of your mind to soar like an eagle into the heights of rest and peace.

God always gives the answer before he gives the test. God want you to take the test in order to promote you. Take His test because you can trust Him to give you every answer. True confidence in God excludes fear (Isa. 40:31), do not faint at the heights but laugh at the danger. We do not have the option to worry. Worry is what fear does. What you fear is what you worry about. Take the steps toward spiritual maturity by rejecting any form of relative truth (human viewpoint) and embrace all the absolute truth that you will learn and understand. Desire the power of God's Word in your life and accepts the responsibility and discipline of studying it on daily basis.

