

## Requirements for Resting in God:

- a. The situation must be hopeless
- b. The people must be helpless
- c. The mind must be horrified

Do not fear” relates to the first stage of the faith-rest exercise.

No believer can apply doctrine while the mentality of the soul is controlled by fear, worry, anxiety or panic.

The first stage of the faith-rest drill: claiming a pertinent promise, stabilizes the mentality so that concentration on doctrine can begin.

No concentration on Bible doctrine – no possible faith-rest (resting in God)!