

Worrying is the Entrance to Miseries

The seven common mistakes of people are worrying about:

- Things that already happened but cannot be changed or corrected.
- Things that are possible to happen but has not happen yet.
- Things that is impossible to happen.
- Things that man has no power to prevent from happening.
- Things that God allowed or decreed to happen.
- Things that God decreed to happen (due to man's negative volition).
- Things that you can go without with (non-essential things).

Common reactions to life's adversaries:

- Shock in unbelief
- Doubt God's grace and mercy
- Anger or antagonism
- Fear and worry
- Shame with guilt
- Blame and accusation
- Denial and diversion
- Defense mechanism

Why most of our worrying is unwarranted and unreasonable:

1. God has provided common grace blessings for all who were selected to become physically alive.
2. God has provided logistical grace blessings for all who were elected to become spiritually alive (Luke 12:2-5, Matthew 6:25-33).
3. God has created everything in the creation for the benefit of man (Psalm 104:10-).
4. God cannot deny or neglect those who put their trust in Him (Matthew 6:33).
5. Worrying is a distraction to spiritual growth or advancement (Matthew 6:34).
6. Worrying is mental attitude sin (that may results to divine discipline).
7. Worrying is an insult to God's essence.
8. Worrying is blasphemy.
9. Worrying distract and distort the believer's capacity to fulfill his personal sense of destiny.
10. Worrying cannot help in solving any problem but amplify it.
11. Worrying is harmful to the body, mind and soul.
12. Worrying results to unhappy life.
13. Worrying produces self-made miseries.
14. Worrying manifests unbelief and negative volition.
15. Worrying is contagious affecting others of the same unbelief (Psalm 78:5-7).
16. Worrying distracts the believer's focus on the spiritual objective.
17. Worrying is preparation for becoming loser believer.
18. Worrying robs the believer of blessing in time and eternity.

19. Worrying disqualified the believer from becoming invincible hero.
20. Worrying stops the power of God from operating in the believer's life.
21. Worrying obstructs the believer from living one day at time.

By seeking the spiritual, God promises to provide our physical needs (Matthew 4:4, Hebrews 13:5-6). There is final and absolute in the world except what God provided in grace to man such as eternal life, spiritual assets, and metabolized doctrine in the soul. Change is natural in an imperfect-temporal world, and the only to face life is by faith in God. There is nothing secured in the cosmic system because real security is found only inside the Pre-designed Plan of God or God's dynasphere. Every source of false security (like wealth, health, success, supportive family, etc.) can crumple over your head. The unsecured person is worrying about things that have been taken care of by God

Principles concerning worry:

1. Worry is a self-induced mental attitude sin that torments the soul.
2. Worry is in the soul which finds anything to be anxious about.
3. Worry is a choice and stress is optional.
4. Worry is a distressing and painful state of mind due to undue concern over something in life.
5. Worry separates the believer from his inner resources of grace
6. Worry cuts off the reception of divine logistics in the life of the believer.
7. Worry is the way the supply line is cut, not by God, but by thinking the wrong things, being in the wrong place at the wrong time.
8. Worry is being out of fellowship with God
9. Worry removes the protection of the "wall of fire."
10. Worry manifests failure to use the faith rest technique.
11. Worry always envisions the worst which brings apprehension, anticipation of danger, misfortune, trouble, or uncertainty.
12. Worry is a state of restlessness and agitation that produces mental disturbance, uneasiness, anxiety, and a painful uncertainty.
13. Worry is a destroyer of the soul resulting to mental illness.
14. Worry in the mind causes shock to the body, Pro 12:
15. Worry unloads Bible doctrine from the launching pad of the souls' right lobe.
16. Worry is a satanic device to lead the believer into reversionism
17. Worry may end up to sin unto death.
18. Worry is a great weapon in the hands of Satan.
19. Worry prepares the soul for the forces of evil take over.
20. Worry makes you vulnerable to the enemies attack.
21. Worry characterizes reversionism, (Isaiah 57:11).
22. Worry does not solve problems, (Mat 6:25 34).
23. Worry offsets the logistical grace.
24. Worry distracts the believer from doctrinal teaching, (Mat 13:22; Luke 8:14).
25. Blessing from God includes freedom from worry, (Jeremiah 17:7-8).
26. Worry causes hysteria, (Luke 10:41).
27. Worry a little bit every day and in a lifetime the believer lose several years.

Some common causes of worry

- Historical events causes worry
- People can cause worry
- Economic situation cause worry
- Sin causes worry
- Details of life
- The future

It must be noted that there is a great difference between worry and concern. A worried person sees a problem while a concerned person solves a problem.

Worries fall into three categories.

- Worrying about personal sins, (the guilt complex).
- Worrying about the problems of this life, and these run the gamut from security to retaliation situations, etc.
- Worrying about death and dying - about what is beyond the grave.

The field of worry is nearly unlimited and affects both believers and unbelievers. Not only is the temptation to worry great, but the opportunity is always present. Remember that concern is legitimate. We can be concerned, but when it comes right down to anything in life, our contentment depends upon our attitude, the right attitude regarding anything is that it is God's.

Psalm 37:4-5 *“Delight yourself in the Lord; And He will give you the desires of your heart. Commit your way to the Lord, Trust also in Him, and He will do it.”*

Delight yourself means to make love to the Lord, be occupied with the Lord, and He will give you the desires of your right lobe. Commit your way to the Lord, trust also in Him, He will do it, that's divine logistics in the principle of near grace. If you are concerned about something, any concern too small to be turned into a prayer is too small to be made into a burden.

This is why after the first part of Phil 4:6 which says *“Stop worrying about anything,”* the next part says *“but in everything by prayer and supplication with thanksgiving let your requests be made known to God.”*

This is why the perpetuation of the function of perception, metabolization and application of Bible doctrine becomes absolutely necessary to put muscle on your faith. This is the principle of Psalm 55:22 *“Cast your burden upon the Lord, and He will sustain you; He will never allow the supergrace believer to be shaken.”*

For the majority, worry is always related to money. Eccl. 5:10 *“He who loves money will not be satisfied with money, nor he who loves abundance with its income. This too is vanity.”* Solomon also said in Pro 11:24 *“One man gives freely, yet gains even more; another withholds unduly, but comes to poverty.”* This is not an attack nor is there any

attack throughout the Word of God on those who have money. The unholy trinity of materialism (worry, greed and fear) basically causes mental and spiritual anguish. 1 Timothy 6:9 *“But those who want to get rich fall into temptation and a snare and many foolish and harmful desires which plunge men into ruin and destruction.”*

Pro 30:7-9, *“Two things I asked of Thee, Keep deception and lies far from me, Give me neither poverty nor riches; Feed me with the food that is my portion, Lest I be full [rich] and deny Thee and say, “Who is the Lord?”*

When there is something wrong, you can fix it through the grace provisions of problem solving devices but only when you are worry freed. It is normal to have concern but it is abnormal to Church Age believer to sink in worry.

The Doctrine of the Faithfulness of God

Faithfulness is the consistency and stability of God. It is the perfection of God's essence; He cannot be inconsistent or ever compromise His essence. Faithfulness is the fact that God cannot change his essence and be unfair to anyone. God is consistent with Himself; therefore, He is faithful and consistent with us. God keeps his word. He has never made a promise He has not kept. So, there is only one person who is totally faithful to you, and that is God. The sooner you realize this, the better. He can only be faithful to you because of his perfect character. Divine faithfulness is God's grace expression to the believer using His perfect character as the basis for expression. Faithfulness hinges on the essence of God.

God is perfect, fair, and stable to Himself, and He will be all these things to you as well, Lam 3:20-25. *“Surely my soul remembers and is humbled within me. This doctrine I recall to mind; therefore I have confidence. The Lord's grace support [logistical grace] never ceases; His grace expressions never fail. They are new every morning; great is Your faithfulness. ‘The Lord is my portion,’ says my soul; therefore I have confidence in Him. The Lord is good to those who wait for Him, To the person who seeks Him.”*

God can be faithful to you because of propitiation which means that God the Father is satisfied with the sacrificial ministry of our Lord Jesus Christ on the cross on behalf of you. His faithfulness, therefore, does not depend upon your spiritual status. Propitiation removes any compromise to the essence of God. Divine faithfulness also manifests itself in divine discipline to the carnal and reversionistic believer and in blessing to the mature believer. All faithfulness in the human realm resides first of all in the soul. Faithfulness is an attitude to something in life which you love, respect, admire, or recognize its authority. The fact that you are alive plus everything you have is a matter of God's faithfulness to you. He is faithful and loves you every moment.

God is faithful to us in rebound.

1 John 1:9 *"If we acknowledge our sins, He is faithful and righteous, with the result that he forgives us our sins [known sins] and cleanses us from all unrighteousness [unknown sins]."*

Name the sins you know and God forgives all the sins you've committed. This same principle is taught in 1Co 11:31; Jer 3:13; Psa 32:5, 38:18. David set the pattern in Psa 32:5 *"I acknowledged my sin to Thee, And my iniquity I did not hide; I said, I will confess my transgressions to the Lord; And Thou didst forgive the guilt of my sin. Selah."*

God knew our sins in eternity past. He imputed them to Christ on the cross and judged them. God is concerned with the fact that Jesus Christ took our place as our substitute. God is justified to forgive us because He has been propitiated by the sacrifice of His perfect Son. Therefore, there is no compromise to His integrity when He faithfully forgives us when we name our sins. So in Psa 38:18 David said, *"For I confess my iniquity; I am full of anxiety because of my sin."*

Jer 3:13 *"Only acknowledge your iniquity, That you have transgressed against the Lord your God And you have not obeyed My voice," declares the Lord.* "Only acknowledge your iniquity, Hos 14:1-2 *"Return, O Israel, to the Lord your God, For you have stumbled because of your iniquity. Take words with you and return to the Lord. Say to Him, Take away all iniquity, And receive us graciously, That we may present the fruit of our lips."*

That's rebound! Now, a very important principle, there is no merit in naming a sin. Legalism says you must feel sorry to be forgiven, but grace says that how you feel is not the issue. When we name and cite our sin, God faithfully forgives us regardless of how we feel. Therefore, you can forget the sin and move on immediately.

There are four mechanics involved in rebound.

1. Name it, 1Jo 1:9
2. Isolate it, Heb 12:15
3. Forget it, Phi 3:13

Keep moving, Phi 3:14

God's faithfulness is manifested in His perfect plan 1Co 1:9 *"God is faithful, through whom you were called into fellowship with His Son, Jesus Christ our Lord."* And this is a big problem with the legalist and those who are influenced by self-righteous arrogance. Only arrogant people say you can commit a sin which will cause God to abandon you and not forgive you. However, grace forgiveness is never a license to sin but is the motivation to press on to spiritual maturity. We were **"called"** in eternity past when God was aware of all our failures. God found a way to take us through His grace plan without any compromise of His essence. Knowing every sin, every human good deed, and every evil thing we would ever do, God still selected us to have human life at birth, and elected us to equal privilege and opportunity at the new birth.

Psalm 100:3 *"Know that the Lord Himself is God; It is He who has made us, and not we ourselves; We are His people and the sheep of His pasture."* As a part of His faithfulness,

He has provided for every believer His very own plan in which to function as the basis for equal opportunity to reach spiritual maturity. God's faithfulness is manifest in logistical grace provision and supergrace blessing, 1 Thessalonians 5:24 *"Faithful is He who calls you, and He also will bring it to pass."* You should never worry about the basic necessities to sustain your life. God will provide everything you will ever need. Psa 100:5 *"For the Lord is good; His grace is everlasting, And His faithfulness to all generations."*

Remember that it was harder for God to find a way to save us than it is for God to bless us in time. If He could do the most for us at salvation, it follows, (the principle of "a fortiori"), that He can provide the lesser blessing of logistical grace support in time. Rom 8:32 *"He who did not spare His own Son, but delivered Him up for us all, how will He not also with Him freely give us all things?"* God's perfect faithfulness to you in eternity past inevitably leads to His perfect faithfulness to you in time. There never was a time when God wasn't totally faithful to you. If God was faithful to you in eternity past, He can only be faithful to you in time and eternity as well.

God's faithfulness is revealed in testing, 1 Cor 10:13; 2 Cor 4:17; Rom 8:18. God will not allow us to be tested or tempted beyond our capacity and capability to pass the test or say no to the temptation. 1 Cor 10:13 *"No temptation has overtaken you but such as is common to man; and God is faithful, who will not allow you to be tempted beyond what you are able, but with the temptation will provide the way of escape also, that you may be able to endure it."* 2Cor 4:17 *"For momentary, light affliction is producing for us an eternal weight of glory far beyond all comparison,"* Rom 8:18 *"For I consider that the sufferings of this present time are not worthy to be compared with the glory that is to be revealed to us."* We are even tested in the area of logistical grace support from God to see if we are going to trust in His faithfulness. Luke 12:27-32 *"Consider the lilies, how they grow; they neither toil nor spin; but I tell you, even Solomon in all his glory did not clothe himself like one of these. But if God so arrays the grass in the field, which is alive today and tomorrow is thrown into the furnace, how much more will He clothe you, O men of little faith! And do not seek what you shall eat, and what you shall drink, and do not keep worrying. For all these things the nations of the world eagerly seek; but your Father knows that you need these things. But seek for His kingdom, and these things shall be added to you. Do not be afraid, little flock, for your Father has chosen gladly to give you the kingdom."*

We are also tested regarding our love of doctrine versus social life, loved ones, our failures, other distractions, and our families. Remember that prior to the different stages of spiritual growth, we must all pass through the different forms of suffering that the Lord brings in. Even in spiritual maturity, we face testing, as did Abraham when he was commanded to offer his only son, Isaac, as a sacrifice. So you are tested in all stages of spiritual growth, but never beyond your capacity. As a part of God's faithfulness, He always provides the doctrine or the opportunity to get the doctrine necessary to pass each test before it comes. Therefore, Bible doctrine is your way of escape from each test, and that doctrine is provided by the faithfulness of God.

God will never give you something for which you do not have the capacity, be it blessing

or testing. God is faithful to the Royal family of God, Heb 10:23-25 *"Let us hold fast the confession of our hope without wavering, for He who promised is faithful; and let us consider how to stimulate one another to love and good deeds, not forsaking our own assembling together, as is the habit of some, but encouraging one another; and all the more, as you see the day drawing near."*

You have the most fantastic escrow blessings on deposit for you, protected by the faithfulness of God. The more doctrine you have in your soul, the more you see God's perfect character, and the faster you will advance to spiritual maturity. This results in the things around you which were formerly distracting to your spiritual growth becoming less and less important. God is faithful even to the apostate believer, 2 Timothy 2:13 *"If we are faithless, He remains faithful; for He cannot deny Himself."*

Since God has perfect character, how can He not be faithful to us even if we reject and deny Him? God cannot be anything less than He is. In fact, God is faithful in keeping the degenerate believer alive for discipline. That same believer still goes to heaven, after an entire life of rejection of Bible doctrine, just as surely as the apostle Paul went to heaven. God is also faithful to the believer in the realm of the angelic conflict. God is faithful to protect and guard you in the midst of the unseen angelic battle which is fought daily all around you, 2 Thess 3:3 *"But the Lord is faithful, and He will strengthen and protect you from the evil one."*

God's faithfulness becomes a reality as you advance to and reach spiritual maturity. Hebrews 11:11 *"By faith even Sarah herself received ability to conceive, even beyond the proper time of life, since she considered Him faithful who had promised;"* How refreshing it is to know that in spite of all the evil in the world, there is one who is faithful. Faithful in all things, at all times, even unto the end! Deut 7:9 *"Know therefore that the Lord your God, He is God, the faithful God,"* This quality is essential to His being, without it He would not be God. Now, it is one thing to accept the faithfulness of God as truth it is another thing to act upon it.

God is faithful to us, and He is not only faithful to tell us the best, but He is also faithful to tell us the worst. He has faithfully described the ruin that negative volition toward doctrine leads to. He has faithfully diagnosed the terrible results and effects of sin. God is faithful in all things. The Bible states many ways in which God is faithful. For example, God is faithful in keeping His promises, 2 Cor 1:20 *"For as many as may be the promises of God, in Him they are yes;"* Num 23:19 *"God is not a man, that He should lie, Nor a son of man, that He should repent; Has He said, and will He not do it? Or has He spoken, and will He not make it good?"* Think of all the rebellion that the children of Israel fell into and yet God was faithful. Many times they were faithless but He was faithful!

Why? Because in Heb 10:23 *"He who promised is faithful;"* The permanence of God's character guarantees the fulfillment of His promises. In 1 Peter 4:19 to those who are going through undeserved suffering Peter says *"Therefore, let those also who suffer according to the will of God entrust their souls to a faithful Creator in doing what is*

right." Therefore, the faithfulness of God is a truth to be acknowledged by us, not only when we are at ease but when we are in trouble. To agree with this means that we humble ourselves before Him even if we're under discipline and owe up to the fact that we fully deserve His correction, and instead of any murmuring or complaining, we thank Him for it. Psalm 119:75 *"I know, O Lord, that Thy judgments are righteous, And that in faithfulness Thou hast afflicted me."* God is not only faithful in stopping affliction but in sending it as well. Psalm 89:33 *"But I will not break off My lovingkindness from him, Nor deal falsely in My faithfulness."*

God the Father is faithful in James 1:17.

The Lord Jesus Christ is faithful in Hebrews 13:8.

The Holy Spirit is faithful to indwell us John 14:16 and to teach us, 1 John 2:27.

Understanding these principles will preserve us from worry. To be worried apart from real concerned that operates under the grace plan of God, using divine power and resources is to reject the doctrine of the faithfulness of God.

God is faithful regardless of man's spiritual status (carnal or spiritual, advancing or retreating), regardless of man's volition (positive or negative toward Bible doctrine), and regardless of man's work (human good executed through the energy of the flesh or divine good executed through the energy of the God the Holy Spirit).

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