

Self-Righteousness

ALWAYS SETS UP THE FOLLOWING DOUBLE STANDARDS

- A. SELF-VINDICATION OR SELF-JUSTIFICATION
(MAKING EXCUSES FOR ALL MISTAKES OR SINS)**

- B. JUDGING AND MALIGNING OF ANOTHER
(WHICH BY THE WAY ONLY SERVES TO CONDEMN ONESELF)**

Under these tactics the verbal sinner flatters the immediate victim or listener while trashing the victim of his tale at the same time elevating his/her own self.